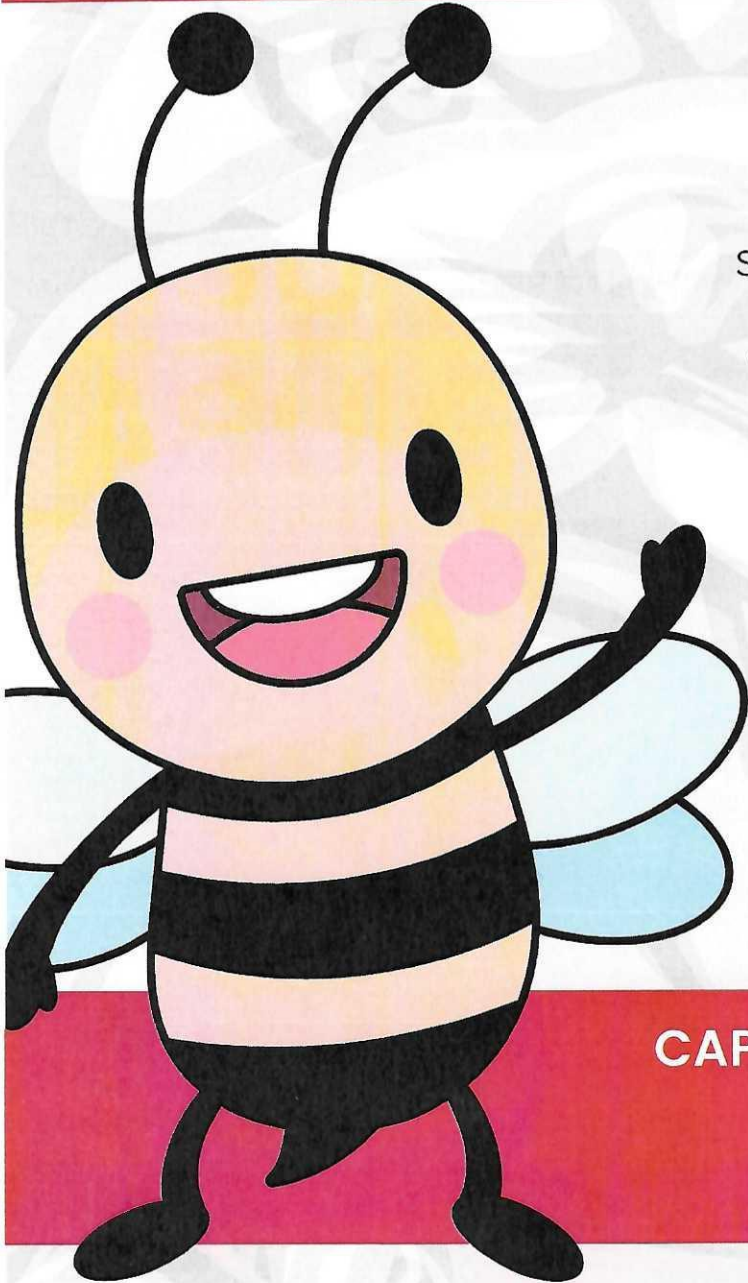




Capitol Heights Middle School
& ASU GEAR UP Presents...



ASU GEAR UP WEEK



Monday 9/26/22

Time Capsule Day

Students will write a future letter to themselves about what they hope to achieve in school, college and beyond. The time capsules will be stored by ASU GU Site Facilitator and be open during their Senior Year of High School.

Tuesday 9/27/22

Gear Up or College Gear Day

Students and teachers will wear their GEAR UP t-shirts, or college colors. Students would pair their GEAR UP/ College shirt with uniform bottoms

**CAPITOL HEIGHTS MIDDLE SCHOOL
116 FEDERAL DRIVE
MONTGOMERY, AL 36107**

GEAR UP
ALABAMA STATE UNIVERSITY

For more information: Contact ASU Site Facilitator Luther Crear (334) 530-1764 or email lcrear@alsu.edu